

## **HOCKEY**

The hockey academy is well under way with students participating in skill testing. Student skill testing results will be sent home early November.

On October 11th and 12th, we will be going to Central Park for Disc Golf. There will be no academy for grade 8/9 hockey academy students Monday, October 9th due to Thanksgiving.

This year all ice times will occur in the afternoons from 12:30pm – 1:45pm.

Grades 8/9 will skate every Monday and Wednesday while Grades 6/7 will skate every Tuesday and Thursday.

Academy students will be at the Big Marble Go Wednesday, October 25th (Hockey 8-9) and Thursday, October 26th (Hockey 6-7) training with Ed Stiles.

Just a reminder that the storage for equipment basement hours is Monday –Thursday 7:15am-8:30am and 2:30pm-4:45pm. Please check the Notre Dame website for the hockey academy ice sessions.

"The most basic of all human needs is the need to understand and be understood.

The best way to understand people is to listen to them." - Ralph Nichols

## **SOCCER**

- Mr. Deis and Mr. Bechtold would like to welcome all the soccer academy students to another exciting year at Notre Dame. They are looking forward to meeting all the academy students and starting a fun-filled year where everyone can try hard and do their personal best. The soccer academy will be held outside for most days this month and students will be expected to be prepared for all weather situations. Students should remember to have all their necessary gear every day as it will be a part of their evaluation. The gear that students will require daily is:
  - 1. NDA Soccer Academy shorts
    2. NDA Soccer Academy shirt
    3. NDA Soccer Academy socks
    4. Shin pads
    5. Cleats and/or runners (no skater shoes)
    6. Water bottle
  - Students may also want to keep a hoodie or small jacket at school for cooler or rainy days.
  - Sunscreen may be necessary on some days also.

## **GOLF**

The Golf Academy is off campus each day, so it is important that all students are prepared with proper clothing/shoes and golf equipment. All the students have been sized for academy clothing and it should be here in the next couple of weeks. Please make sure students are signed up to our google classroom as all schedule changes and updates will be made there.

## **BASEBALL**

Our Baseball/Softball Academy groups are off to a great start and have enjoyed some outstanding weather. Students are reminded to be prepared for all types of weather as we will stay outside as long as possible in the fall.

On all academy days students will need their gloves, helmets, water bottles and proper clothing, including footwear and academy hats. Thank you to all students for the excellent attitude and effort they have put forth so far. Keep up the great work!

"It's not whether you get knocked down; It's whether you get up."  
Vince Lombardi - NFL Hall of Fame Coach