SOCCER

All of the students in the Soccer Academy have been improving tremendously as the year is moving along; keep up the good work! It was awesome to see the huge improvements made by most students on their last report card. We just finished going to Badlands Fitness Centre and having a Nutritionist come work with the students. April is a very short month with Easter break falling in the second week. We will be going swimming at the Big Marble Go Centre on April 3 and 4 and we encourage all students to participate in this event. Other than that, we will be indoors, as usual, working on techniques and new skills to better the student as an all-around player and athlete.

BASEBALL/SOFTBALL

Now that spring has arrived we will be outside as much as possible. However, the weather may force us inside on occasion. Therefore, indoor and outdoor clothing/footwear will be required each academy day. All necessary equipment and a water bottle are required as well.

Thank you for your continued cooperation and support of the Notre Dame Baseball/Softball Academy. We wish you all a Happy Easter and hope that you enjoy your well deserved break!

GOLF

We are coming to the end of our alternate activities in the golf academy and we look forward to some warm weather. We are planning on getting back to our regular routine of going to the golf courses starting April 3 so please make sure you have all equipment back at the school. Stay updated on our google classroom.

ΗΟϹΚΕΥ

Spring is here now and our ice sessions have concluded and will continue with some alternate activities. Students will need a t-shirt, shorts, running shoes and water bottle (when warm weather) for every alternate activity academy class. From April 10 th till April 14 th there will be no Academy with Easter break. We are looking forward to lacrosse and ball hockey at the end of the month, as well as gym activities this month. We will continue to send out weekly emails of the activities coming up.

The basement is now closed for the year.